## PREGNANT? LIVING ON A LOW INCOME?

## Ask and receive, **free of charge:**



Food vouchers

Prenatal multivitamins





Nutritional follow-up

## **Contact your CLSC:**



## For a healthy baby and family

Olo follow-up is offered in your local CLSC, in collaboration with Fondation Olo.

Produced by Direction régionale de santé publique de Montréal, December 2021